# Join us for Parenting the Love & Logic Way®

## Led by Tawanda McIntosh, an Independent Facilitator for Love & Logic®

**Wednesdays, August 25 and September 1, 8, 15, 22, and 29 • 9:30 - 11:30 a.m. on Zoom**

Learn skills that will help you feel more relaxed, hopeful, and positive about your children and your relationship with them. Discover how your jobs as parents can be really enjoyable and that you can teach personal responsibility and respect without losing your kids' love.

**Learn to:**

- Avoid unwinnable power-struggles and arguments
- Stay calm when kids do incredibly upsetting things
- Set enforceable limits
- Avoid enabling and begin empowering
- Help kids learn from their mistakes rather than repeating them
- Raise kids who are family members rather than dictators

And much more…

Dignity Health®
St. Rose Dominican

FREE! Call **702.616.4377** to register.